



Manchester Public Schools



**What's
Today's
News?**

Flash Mob Fridays at Manchester Preschool Center!...

On Fridays, the halls of the Manchester Preschool Center are filled with both teachers and students alike sharing their favorite dance moves.



While “Celebration,” by Kool & the Gang, play over the intercom, the preschool community jumps, twirls and boogies their way into the end of another school week. Flash mob Fridays were initially introduced to help promote school climate, strengthen student and staff morale and to support the Head Start I Am Moving, I am Learning initiative. In an effort to address childhood obesity, IMIL provides young learners with intentional opportunities to increase their level of moderate to vigorous daily activity. Now in its second year, flash mob Fridays are showcasing the positive and joyful ways that one school aspires to keep its community both mentally and physically fit.



Manchester Public Schools | 45 North School St. | Manchester, CT